



# The Backyard Barrel

BARREL SAUNA INSTALLATIONS  
MODELS AND PRICING GUIDE

# We are The Backyard Barrel

At The Backyard Barrel, we are passionate about saunas! From the health benefits to recovery and relaxation, we are ready to bring sauna culture to the prairies. Our company is locally owned and operated. We rent trailer-mounted saunas and have since become a top sauna rental and installation company in southern Manitoba. Our beautifully crafted saunas are Canadian made and have premium upgrades to help bring you closer to nature. Our goal is to help families and friends unplug and share in moments of health, healing and happiness.

*-Cristen + Amir*





# A Barrel of Wellness

Regular sauna use offers a myriad of health benefits. The elevated temperature in a sauna induces a deep sweat, promoting detoxification by expelling toxins from the body. This process not only cleanses the skin but also enhances circulation, potentially lowering blood pressure and improving cardiovascular health.

Saunas have been associated with reduced muscle soreness, increased joint flexibility, and accelerated post-exercise recovery. Additionally, the heat-induced relaxation can alleviate stress, contribute to better sleep, and boost overall mental well-being. Furthermore, some studies suggest that regular sauna sessions may have positive effects on immune function.

Embracing the sauna as part of a wellness routine can thus lead to a holistic enhancement of physical and mental health.

A man with glasses and a beard, wearing a dark t-shirt with 'The Backyard Barrel' logo, stands in a backyard. Behind him is a wooden fence and a table with tools and a propane tank. The background shows a house with a window. The scene is overlaid with a dark semi-transparent banner containing text.

# Quality Craftsmanship, Professional Installation.

At The Backyard Barrel, we are committed to delivering the highest quality saunas to our customers. Our team of experts will assemble your sauna onsite, ensuring that it meets your exact specifications. We offer a range of premium upgrade options, including change room facilities and stunning panoramic half moon windows.

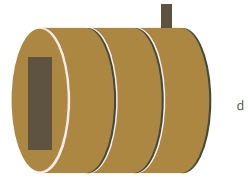
As an official distributor of Casa de Sauna barrel saunas, we are proud to offer these hand-crafted saunas made from 100% Canadian cedar wood. Each sauna comes with a 5 year manufacturer's warranty, so you can enjoy your sauna with peace of mind.

At The Backyard Barrel, we are dedicated to helping you find the perfect sauna to meet your needs and preferences. Whether you are looking for a small, intimate sauna for personal use, or a larger sauna to accommodate a group, we have options to fit your space and budget. Our team is here to assist you every step of the way, from selecting the right size and configuration to choosing the best heating option and any desired upgrades.

## Choosing a sauna is as easy as...

### 1 - SELECT A MODEL AND SIZE

The size and configuration of your sauna will depend on how many people you want to be able to accommodate and whether or not you want an indoor change room or front porch.



### 2 - CHOOSE A HEATER TYPE

You have the option of choosing a traditional wood stove or an electric heater. Both options have their own unique benefits, and the right choice for you will depend on your personal preferences and needs.



### 3 - SELECT YOUR PREMIUM UPGRADES

We offer a range of premium upgrades that will enhance your sauna experience, including an outdoor shower, a protective roof or beautiful panoramic half moon windows.



## STANDARD FEATURES



All of our barrel saunas come with the following features as standard



100% Canadian 1 3/8" white cedar construction



Tempered bronzed glass door with cedar handles



Tempered bronzed glass front windows



Cedar floor inserts (remove for easy cleaning)



Red cedar benches



Pre-drilled drain holes for easy washout



Externally loaded wood stove (electric options available)



Marine grade aluminium strapping



Metal ash clean out shovel



Volcanic rocks (to pour water over)



Sauna thermometer and hygrometer



Cedar bucket and ladle



Cedar hooks (for ropes and towels)



Cedar cradles (for levelling and stability)



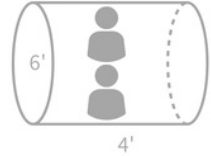
Two cedar sauna head/back rests



Solar-powered exterior motion sensor lights

## The Wolseley

6' (DIAMETER) BY 4' (LENGTH)  
\$7,850\*



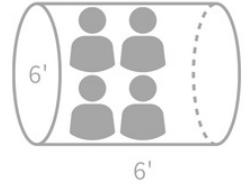
Discover The Wolseley, your personal gateway to luxury in a compact package. This electric-only sauna is ingeniously designed to fit seamlessly into almost any space, thanks to its modest dimensions of 6 x 4 feet, making it a perfect fit for two. The Wolseley's small size isn't just about space efficiency; it also allows it to heat up incredibly quickly, ensuring you don't have to wait long for your relaxing retreat. The Wolseley is the ultimate in compact, fast-heating, luxurious sauna experiences for your home.



\*Price includes delivery to Winnipeg and assembly. Price does not include applicable taxes. Images may depict additional upgrades and accessories. Final product may vary from what is shown.

## Cozy Sauna

6' (DIAMETER) BY 6' (LENGTH)  
\$9,990\*



Looking for a small, luxurious sauna for your home? The Cozy is perfect for small spaces and has all the features you need for a relaxing sauna experience. With a traditional cedar interior, and seating for 2-4 people, it's the perfect addition to any home. Don't let its size fool you - this sauna packs all the warmth and relaxation of a larger model. Note: a back-wall window is only possible when this sauna is paired with an electric heating source.

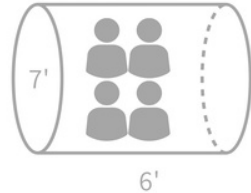


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# Standard Sauna

7' (DIAMETER) BY 6' (LENGTH)  
\$12,550\*



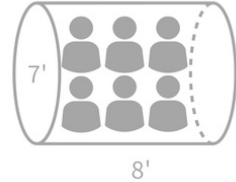
Our Standard sauna is the perfect blend of size and luxury. Measuring 7 feet in diameter and 6 feet in length, this sauna can comfortably accommodate up to 4 people, making it perfect for solo sessions or relaxing evenings with friends. Whether you're looking to unwind after a long day or simply want to relax and rejuvenate, our Standard sauna has everything you need.



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## Extended Sauna

7' (DIAMETER) BY 8' (LENGTH)  
\$13,600\*



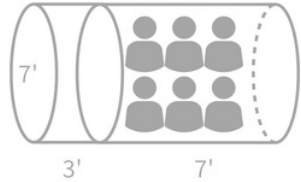
Measuring 8' feet long, this spacious sauna is perfect for those looking to lie down and unwind in style. Whether you're looking to escape the stresses of daily life or simply want to relax, our Extended sauna has everything you need. With seating for up to 6 people, it's the perfect place to spend an evening with friends or loved ones. So come on in and let the warmth of the sauna melt away your stress and tension.



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# Deluxe Sauna

7' (DIAMETER) BY 10' (LENGTH)  
WITH A 3' CHANGE ROOM  
\$16,850\*



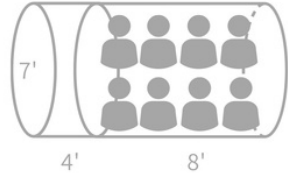
If you're looking for the ultimate sauna experience, our Deluxe Sauna is the perfect choice. This popular model includes all the features you need for a relaxing and rejuvenating session, as well as a change room that's separated from the hot room by another glass door. This feature is especially useful in extreme cold weather, as it helps keep your towels warm and prevents too much heat from escaping every time the door is opened. Fits up to 6 adults.



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# Luxury Sauna

7' (DIAMETER) BY 12' (LENGTH)  
WITH A 4' CHANGE ROOM  
\$21,700\*



The Luxury Sauna is the ultimate in relaxation and luxury. This top-of-the-line model features a spacious change room and an incredible panoramic rear window that offers breathtaking views. The giant, tinted window adds a touch of majesty to your sauna experience and is sure to impress. In addition to its stunning views, the Luxury Sauna also boasts a larger change room and hot room, thanks to its extra few feet of space.



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## Sauna Pod

Introducing the New Pod Sauna, a revolutionary blend of innovation and tranquility, offering the best of both worlds: the efficient heat distribution of a Barrel sauna and the generous floorspace found in Cabin designs. This fusion creates a unique sanctuary where you can unwind and connect with family or friends, all within the sophisticated curvature of our state-of-the-art kits. All sauna pod prices include premium upgrades including tin roof and panoramic windows.

8' (DIAMETER) X 4' (LENGTH) \$14,500

8' (DIAMETER) X 6' (LENGTH) \$15,900

8' (DIAMETER) X 8' (LENGTH) \$16,500

8' X 8' + 2' PORCH \$18,000

8' X 8' + 4' CHANGE-ROOM \$19,900



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## Sauna Cube

Cube saunas are our luxurious tier of modular, pre-assembled sauna kits, perfect for enhancing your home or vacation retreat. Experience nature's embrace through the tinted double-pane tempered glass front window and the sleek, low-profile red cedar glass door. Elevate your personal wellness journey, along with your loved ones, with our authentically modern cube sauna.

8' (DIAMETER) X 6' (LENGTH) WITH 1 PANORAMIC WALL \$14,500

8' (DIAMETER) X 6' (LENGTH) WITH 2 PANORAMIC WALLS \$15,900

8' (DIAMETER) X 8' (LENGTH) WITH 2 PANORAMIC WALLS + 2' PORCH \$17,000



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## Sauna House

Step into the iconic A-Frame Sauna, an architectural marvel providing exceptional heat retention and a standout experience in Wood-Burning or Electrical. Crafted with meticulous attention to detail, our sauna house boast a contemporary, sophisticated design and are constructed with premium Canadian cedar.

10' (DIAMETER) X 8' (LENGTH) WITH 2' PORCH \$12,500

10' (DIAMETER) X 10' (LENGTH) \$13,900



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## Wood Stove

Included in base price.\*

Our saunas come standard equipped with unique, externally-loaded wood stoves. Unlike most wood stove types, an externally-loaded wood stove allows you to load up much more wood, and plus keeps wood shavings and ash out of the main sauna chamber. Note: The Wolseley is electric only.



## Electric Heater

Included in base price.\*

It is easy to switch to an electric heater. Larger saunas use a HARVIA KiP-80 8kW 40A electric heater, smaller ones a 6kW variant. Heater installation and permit is not included. Customers wishing to install an electric sauna should contact a qualified electrician.

\*Saunas with 4' diameter (Wolseley) come with electric heater in base price. They will not accommodate a wood stove. All larger saunas can accommodate either an electric or wood fired stove. Customer can choose which they prefer at no additional cost.



## Panoramic Window

+\$1499

This unique, custom-made tinted window affords you the view of a lifetime, while maintaining your privacy. Note: only saunas with a 7 foot diameter support the panoramic window. Various other window styles available.



## Make it mobile

+\$4500

Want to tow your new sauna around with you? Maybe it take out to the lake for the weekend? We can mount your sauna on a custom trailer. Requires a car or truck with a tow rating of 3500 lbs.

## Protective Roof

+\$499-699(tin roof)

Add a fitted custom roof to your sauna to keep moisture out and prevent UV damage. A very popular upgrade choice.



A wooden sauna with a curved front, resting on a stone patio. The sauna is made of light-colored wood and has a dark wooden door with a handle. The background is dark, suggesting an indoor or shaded outdoor setting.

## Preparing your site

When planning the installation of your new sauna, it's important to consider the location carefully. Some common locations include a deck, patio, or even just a gravel bed. If you are installing a wood-burning sauna, you should check with your municipality for any clearance requirements from structures, trees, and fences. If you are planning to use an electric sauna, you will need to consider where the trench for the cables will need to be dug. It's essential to carefully evaluate all of these factors to ensure that your sauna is installed safely and efficiently.

A person wearing a dark jacket and pants is leaning over a large, cylindrical metal barrel sauna. The sauna is mounted on a trailer and has a fire burning inside its front door. The scene is set in a snowy, wooded area with tall evergreen trees in the background under a clear blue sky. The person is adjusting something inside the sauna's opening.

# Try it before you buy it

If you're not sure if a sauna is right for you, why not try renting one for a weekend? This way, you can get a feel for the experience without committing to a purchase. At The Backyard Barrel, we make it easy for you by handling all the details, including delivery and setup.

Simply visit our website at [thebackyardbarrel.com](http://thebackyardbarrel.com) to make your reservation. And if you decide that you love your rental sauna and want to make it a permanent addition to your home or business, we offer a special promotion where 100% of your weekend rental fee (up to maximum of 3 Night Rental) can be applied towards the purchase of a new barrel sauna. Don't miss out on this opportunity to discover the benefits of sauna ownership!

\*This promotion cannot be applied after the purchase of a barrel sauna with the intent to receive a free rental. Thank you.



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